Elementary -R1

Advanced - R1 Postdocs - R2

Senior Postdocs - R3

# Conflict Management



### Objective

To minimize and manage conflicts.



#### Description

Some workplace conflict is inevitable. Wherever your career takes you, it is essential for success to be able to negotiate well and effectively manage conflicts before they escalate.

The problem is that difficult people are ... well ... difficult.

Dealing with situations where all the people involved are calm and open is fairly easy. However, people are rarely always calm and completely open. Hidden agendas, preconceived ideas, emotional history and the emotion of the moment make conflict resolution in the real world a lot more difficult.

Time and energy spent on conflict is time and energy not spent on work, study or

In this workshop, participants will learn how to minimize and manage conflict. The workshop covers special techniques for understanding hidden motivations and strategies for responding to the conflict commonly encountered in the workplace.

The workshop will also cover non-aggressive and non-confrontational techniques for ensuring the improvement and maintenance of productive, harmonious working relationships.



### Methodology

The workshop is not a lecture but rather draws on the personal experience of all participants as well as that of the trainer, thereby ensuring that the training is specific for and relevant to the participants' individual needs.

The workshop will be a structured discussion forum to facilitate ideas and develop strategies.

The workshop will be very interactive. Expect to be asked lots of questions, to be challenged, and to participate!

#### Trainer



Robert Thompson RTTA - soft skills for real results, Frankfurt

- Has been leading peoplemanagement workshops for over 15 years in academic as well as in business environments
- · Scientific coordinator of a 3-year project at the University of Bristol/British Museum of Natural History

## Organizational Information

Language / Format	English / On campus
Target group	Doctoral Candidates at all stages and Postdocs (R2/R3) from all faculties
Date	Monday 22 April 2024, 9:00 – 17:00 & Tuesday, 23 April 2024, 13:30 – 17:00
Registration	For registration click here