





GRADE – At a Glance

Individual Support

You are a postdoctoral researcher at Goethe University and would appreciate further support? The GRADE team offers you advice on your academic development and decision-making.

Qualification and Funding

We offer workshops explicitly tailored for postdocs, as well as financial support for early career researchers. Benefit from Goethe University's postdoc program 'Focus', become part of the Johanna Quandt Young Academy (JQYA) and get answers on your questions about research supervision.

Ready for Your Career

GRADE gives you insights into professional fields inside and outside academia. Make relevant contacts for your personal and professional future.

Get Connected

GRADE opens up spaces to get together with other postdocs, to exchange ideas and work on solutions to research-related and personal challenges.



GRADE – Services

Postdoc Focus Program:	Support for early career researchers preparing their own independent grant proposal
Advice and Coaching:	Individual coaching and open office hours Research supervision regarding research ethics and experiences of violence
Postdoc Peer Groups:	Interdisciplinary teams discussing research questions and career paths under professional guidance
Training:	Comprehensive qualification program, including eLearning courses and workshops specifically tailored for postdocs
Postdoc Career Weeks:	Event of the Rhine-Main-Universities (RMU) presenting information on support offers after your doctorate
Networking:	Get connected in GRADE Centers and GRADE Initiatives to discuss and deepen your research together with other early career researchers
GRADE Career Talks:	Meet professionals from academia, the public sector, and the industries to find new perspectives for your own career path
Language Service:	Proof-reading of your drafts in English language

GRADE – Training Program

We provide a wide range of qualification offers online and on-campus. This includes workshops on good supervision and individual career planning, as well as courses on research-related skills and your professional performance.

Here are some of our workshops which specifically target postdocs:

- ▶ Get Ready for the Next Step: Career planning for postdocs inside and outside academia
- How to Become a Professor: Learn about the career paths in the German academic system and how to structure your postdoc phase
- How to Start Your Own Lab: Tools and knowledge to succesfully start your own research group
- ▶ Negotiating Your Salary: Strategies, methods, do's and don'ts
- Leadership for Young Scientists: Interactive workshop to develop strategies for motivating and persuasive leadership in academic teams
- Career Planning: How to Start Leaving Academia: Reflect upon your professional pathway and explore alternatives for your career outside the university
- Lateral leadership and successful negotiation: Learn the basics of lateral leadership and negotiating based on theory and personal experience. Find out about practical ways to apply them effectively in your everyday life as an academic professional

GRADE – Registration

Register with GRADE and use our services free of charge.

As a postdoctoral researcher of Goethe University, all you have to do is fill out the registration form and send it to us by email.

Postdocs from cooperating institutions also have the opportunity to participate in the GRADE program. Please contact us!

You can find the GRADE forms here:

www.grade.goethe-university-frankfurt.de/ registration

Submit your registration form via email to:

quality@grade.uni-frankfurt.de

The GRADE team is looking forward to your registration!

"The trainers of the GRADE workshops are experienced and competent. They provide the latest information on good research practice, transferable skills, networking and give helpful information on acquiring research funding."

> Monika Buchsbaum, Social Sciences



GRADE – How to Reach



GRADE

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